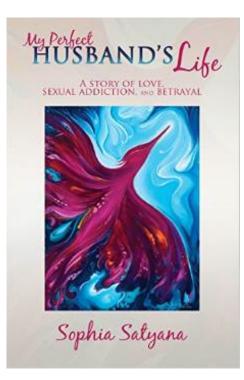
For Immediate Release: Sophia Satyana's My Perfect Husband's Life



A uthor Sophia Satyana tells the true story of her husband's sudden death at age fifty-six years old and the shocking story that unfolded of the secret life he had been living all along during their twenty-one-year-marriage. Unraveling the clues from emails and other computer findings, telephone and credit card records; other important documents such as the deed to their home and the title to their car, and a suspicious, overfriendly co-worker reveal a less than perfect husband. Her husband had hidden a desperate sexual addiction, a deviant double personality, together with a 6 year office affair, unknown and known debt her husband left her, and many hundreds of thousands of dollars left "unaccounted for". Sophia had to pay off the debt, sell the home, and everything in it to move forward with her life. Then came the ultimate humiliation of not being believed by co-workers, family and friends. After all, he had been the 'perfect husband'-wasn't he? How could this have happened?

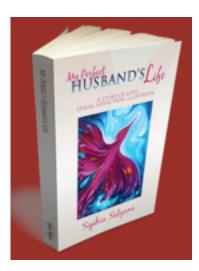
His deception had been so complete that few in her circle would ever come to acknowledge the startling truth despite the mounting evidence to the contrary. With her former life shattered in an instant Sophia packed up her car and headed to the American Southwest to heal her heart and establish a new life.



Photo credit: Lane Badger

"This is a riveting story of love and loss, of trust betrayed, of light and dark energies, all at play in a seemingly happy marriage. It is a story about healing the dark night of the soul that happens when your heart is shattered." Years of training in energy healing and holistic modalities gave Sophia the life skills to survive the almost unbearable agony of a great love story turned to ashes and to rebuild herself, day-by-day, into the strong, successful and sovereign woman that she is today; able to forgive and able to envision with gratitude the gift of a new life.

"My intent is to break the cycle of secrecy and addiction and everything that comes with this. The first step is being able to look at yourself, your life, and your relationships with a clarity and truth that may not be easy or pleasant to look at, but in the end it does set you free. As the Phoenix burns and flames, it also rises from the ashes to new heights unseen and unknown."



My Perfect Husband's Life Order the paperback or e-version at: <u>www.myperfecthusbandslife.com</u> Download the first chapter of the book for free now, and sign up for Sophia's newsletter.

What a reader had to say...

"I absolutely loved this book. I read it in one sitting. This is a true story of a woman's discovery of her dead husband's double life. It is a very moving account of the shock and raw emotions, the pain of betrayal and ultimately, recovery and healing. The courage and honesty the author showed in sharing and writing it is inspirational, as is her healing journey of spiritual growth and forgiveness. "

"This is a book that could help others to have hope and healing and to come out the other side of painful experiences. A powerful book which kept me completely engaged until the final page."

-Diane, UK

My Perfect Husband's Life

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